

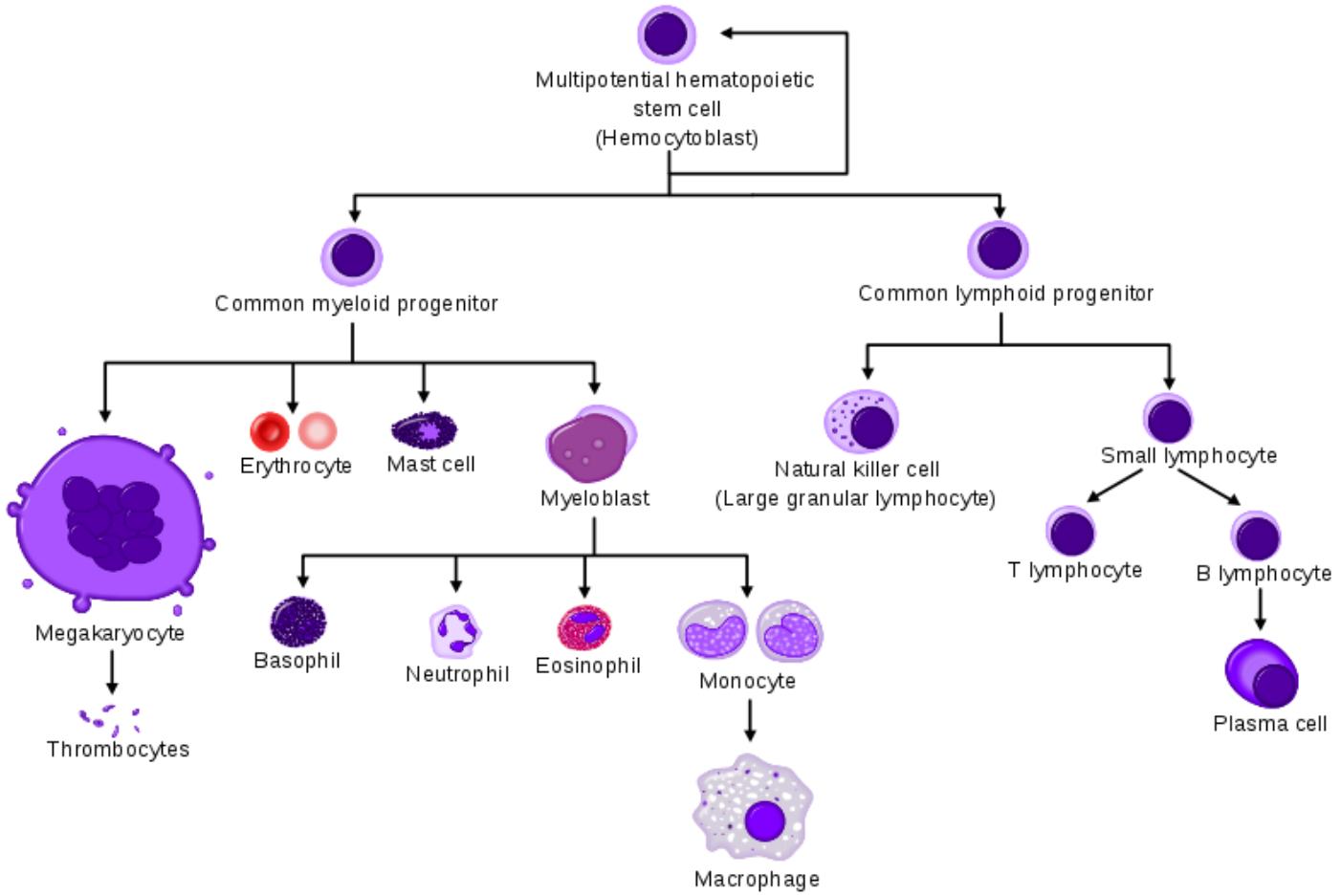
# Acute Leukemia

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Hematology and Hematopoietic Cell Transplantation

# Disclosures

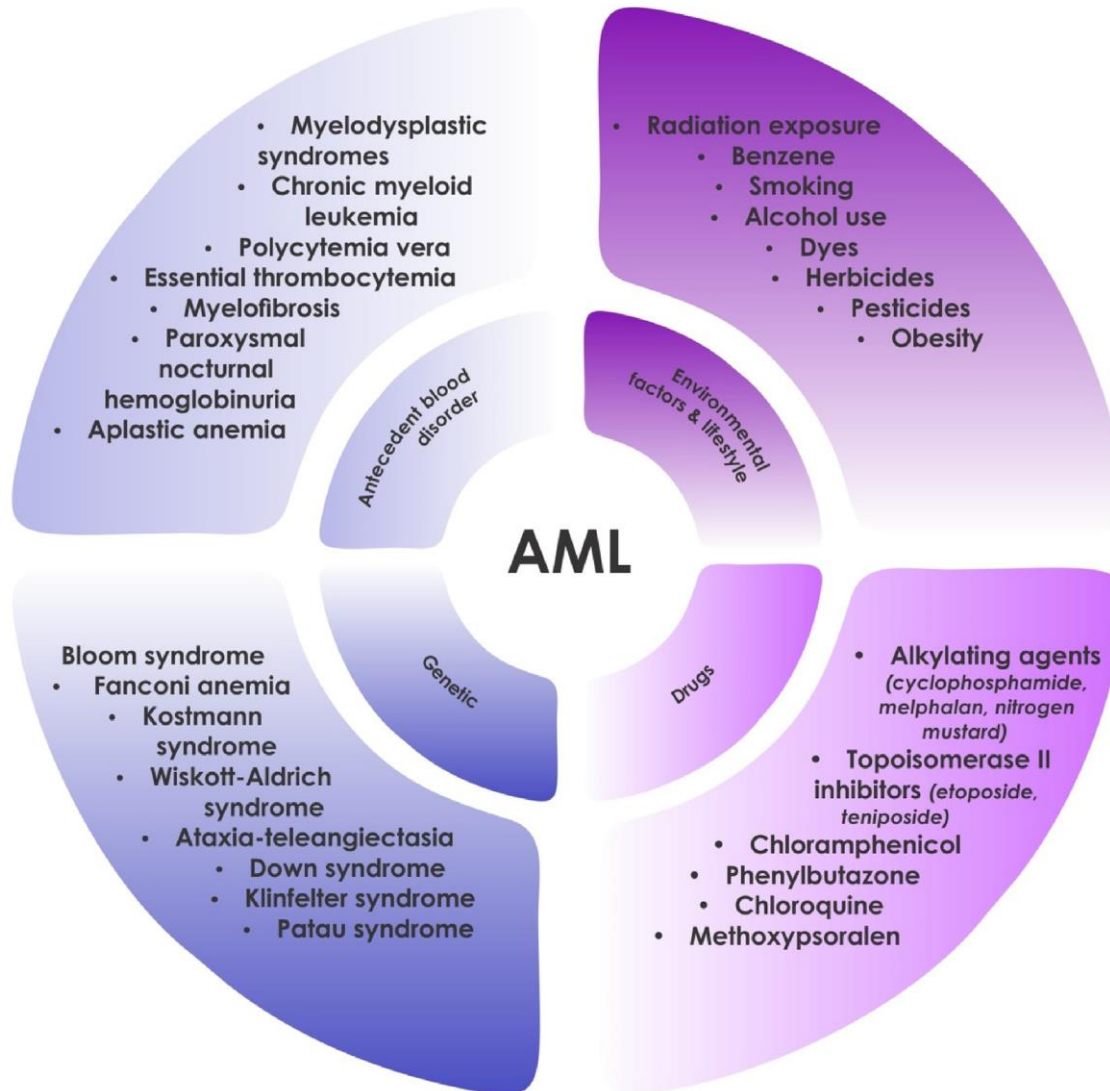
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# Acute myeloid leukemia (AML)

- Heterogeneous clonal malignancy in which immature hematopoietic cells proliferate and accumulate in tissues
- Most common acute leukemia in adults
- Median age is 67 years
- Survival remains poor

# Predisposing factors of AML



# Presentation

- Constitutional symptoms
- Signs and symptoms of BM infiltration
- Leukocytosis
- Tissue infiltration
- DIC

# Classification

## A. FAB in 1970s:

- Based on morphology and cytochemical criteria
- M0-M7

## B. WHO in 2000 & 2008:

- Incorporate epidemiology, clinical features, biology, immunophenotype & genetics
- Include multiple groups & subgroups

**Table 1. Myeloid neoplasms with germ line predisposition, AML and related precursor neoplasms, and acute leukemias of ambiguous lineage (WHO 2016)**

**Myeloid neoplasms with germ line predisposition (see Table 2)**

<b>AML and related neoplasms</b>	<b>AML and related neoplasms (cont'd)</b>
AML with recurrent genetic abnormalities	Acute myelomonocytic leukemia
AML with t(8;21)(q22;q22.1); <i>RUNX1-RUNX1T1</i>	Acute monoblastic/monocytic leukemia
AML with inv(16)(p13.1q22) or t(16;16)(p13.1;q22); <i>CBFB-MYH11</i>	Pure erythroid leukemia#
Acute promyelocytic leukemia with <i>PML-RARA*</i>	Acute megakaryoblastic leukemia
AML with t(9;11)(p21.3;q23.3); <i>MLLT3-KMT2A†</i>	Acute basophilic leukemia
AML with t(6;9)(p23;q34.1); <i>DEK-NUP214</i>	Acute panmyelosis with myelofibrosis
AML with inv(3)(q21.3q26.2) or t(3;3)(q21.3;q26.2); <i>GATA2,MECOM(EVI1)</i>	Myeloid sarcoma
AML (megakaryoblastic) with t(1;22)(p13.3;q13.3); <i>RBM15-MKL1‡</i>	Myeloid proliferations related to Down syndrome
Provisional entity: AML with <i>BCR-ABL1</i>	Transient abnormal myelopoiesis
AML with mutated <i>NPM1§</i>	Myeloid leukemia associated with Down syndrome
AML with biallelic mutations of <i>CEBPA§</i>	Blastic plasmacytoid dendritic cell neoplasm
Provisional entity: AML with mutated <i>RUNX1</i>	<b>Acute leukemias of ambiguous lineage</b>
AML with myelodysplasia-related changes	Acute undifferentiated leukemia
Therapy-related myeloid neoplasms¶	MPAL with t(9;22)(q34.1;q11.2); <i>BCR-ABL1**</i>
AML, NOS	MPAL with t(v;11q23.3); <i>KMT2A</i> rearranged
AML with minimal differentiation	MPAL, B/myeloid, NOS
AML without maturation	MPAL, T/myeloid, NOS
AML with maturation	

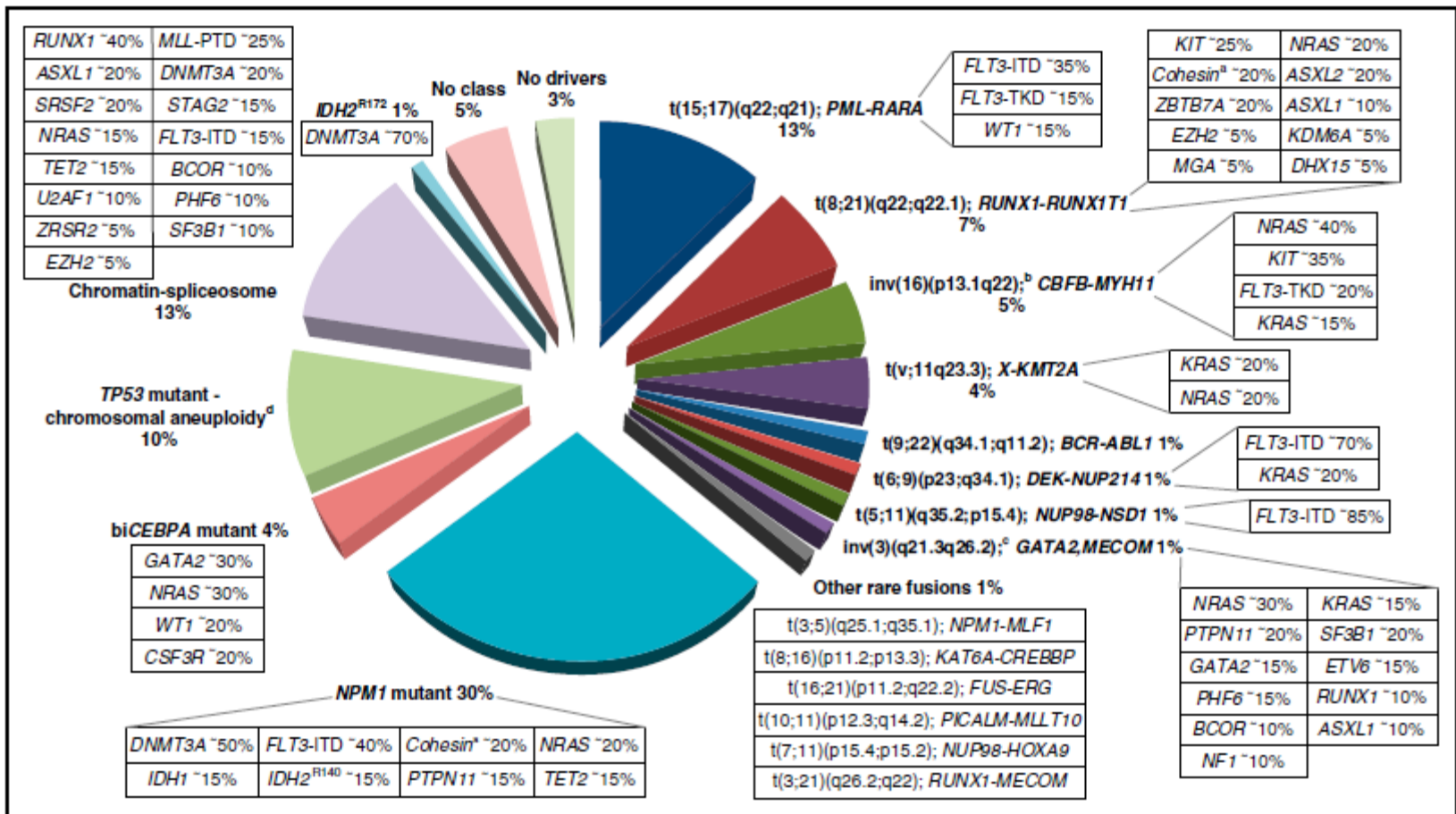


# Diagnosis

- $\geq 20\%$  myeloblasts and/or equivalent in PB or/and BM
- Patients with t(8;21), inv(16), t(16;16), and t(15;17) irrespective of blast count

# Risk Stratification

- Clinical features:
  - Advanced age
  - Extramedullary disease
  - History of antecedent hematological disorder
  - WBC# >50,000 at diagnosis
  - Therapy-related
- Cytogenetics
- Molecular markers



Comparison of the Revised MRC, ELN and SWOG Risk Classification Systems of AML.

Groups	MRC <sub>2010</sub>	ELN	SWOG
Favorable	t(15;17)(q22;q21) t(8;21)(q22;q22) inv(16)(p13;q22)/t(16;16)(p13;q22)	t(8;21)(q22;q22) (inv(16)/t(16;16)(p12;q22) NPM1+ and FLT3-ITD-WT (NK) Mutated CEBPA (NK)	t(15;17), t(8;21) inv(16)/t(16;16)/del(16q)
Intermediate	Those cytogenetic abn. not classified as favorable or adverse	Int.1  Int.2	NPM1+ & FLT3-ITD + (NK) NPM1-WT & FLT3-ITD + (NK) NPM1-WT & FLT3-ITD-WT t(9;11)(p22;q23) cytogenetic abn. not classified as favorable or adverse
Adverse	abn(3q)(excluding t(3;5)(q21-25;q31-35), inv(3)/t(3;3)(q21;q26) add(5q), del(5q), -5, -7, add(7q)/del(7q) t(6;11)(q27;q23), t(10;11)(p11-13;q23), t(11q23)[excl. t(9;11)(p21-22;q23) and t(11;19)(q23;p13)], t(9;22)(q34;q11) -17/abn(17p) complex (≥4 unrelated abnormalities)	Inv(3)/t(3;3)(q21;q23) t(6;9)(p23;q34) t(v;11)(v;23), MLL rearranged -5 or del(5q) -7 Abn(17p) complex (≥3 unrelated abnormalities)	abn(3q) del(5q)/-5, -7/del(7q) t(6;9), t(9;22), 9q, 11q, 20q, 21q 17p complex (≥3 unrelated abnormalities)

# Treatment

- **Induction**

- “7+3” regimen
  - The regimen was introduced over 4 decades ago
  - Remains the standard of care at the current time

- **Post-remission**

- Age-adjusted high-dose cytarabine x 3-4 vs. allogeneic HSCT
  - Based on risk stratification, donor availability and patient eligibility

- **Relapse/refractory**

- Carry very poor prognosis
- Allogeneic HSCT if possible after achieving CR with salvage chemotherapy
- Salvage treatment with FLAG, MCE, hypomethylating agents and supportive care
- Clinical trials!!

**Table 10. Novel therapies in clinical development in AML**

<b>Novel therapies in clinical development</b>	
Protein kinase inhibitors	<ul style="list-style-type: none"><li>• FLT3 inhibitors (midostaurin, quizartinib, gilteritinib, crenolanib)</li><li>• KIT inhibitors</li><li>• PI3K/AKT/mTOR inhibitors</li><li>• Aurora and polo-like kinase inhibitors, CDK4/6 inhibitors, CHK1, WEE1, and MPS1 inhibitors</li><li>• SRC and HCK inhibitors</li></ul>
Epigenetic modulators	<ul style="list-style-type: none"><li>• New DNA methyltransferase inhibitors (SGI-110)</li><li>• HDAC inhibitors</li><li>• IDH1 and IDH2 inhibitors</li><li>• DOT1L inhibitors</li><li>• BET-bromodomain inhibitors</li></ul>
Chemotherapeutic agents	<ul style="list-style-type: none"><li>• CPX-351</li><li>• Vosaroxin</li><li>• Nucleoside analogs</li></ul>
Mitochondrial inhibitors	<ul style="list-style-type: none"><li>• Bcl-2, Bcl-xL, and Mcl-1 inhibitors</li><li>• Caseinolytic protease inhibitors</li></ul>
Therapies targeting oncogenic proteins	<ul style="list-style-type: none"><li>• Fusion transcripts targeting</li><li>• EVI1 targeting</li><li>• NPM1 targeting</li><li>• Hedgehog inhibitors</li></ul>
Antibodies and immunotherapies	<ul style="list-style-type: none"><li>• Monoclonal antibodies against CD33, CD44, CD47, CD123, CLEC12A</li><li>• Immunoconjugates (eg, GO, SGN33A)</li><li>• BiTEs and DARTs</li><li>• CAR T cells or genetically engineered TCR T cells</li><li>• Immune checkpoint inhibitors (PD-1/PD-L1, CTLA-4)</li><li>• Anti-KIR antibody</li><li>• Vaccines (eg, WT1)</li></ul>
Therapies targeting AML environment	<ul style="list-style-type: none"><li>• CXCR4 and CXCL12 antagonists</li><li>• Antiangiogenic therapies</li></ul>

- A. Anthracycline-** cardiotoxicity, BM suppression, extravasation, and secondary leukemia
  
- B. Cytarabine-** BM suppression, neurotoxicity, chemical conjunctivitis, rash and fever
  
- C. Hypomethylating agents-** well-tolerated, pancytopenia, constipation

# Neutropenic fever

- Defined as single temperature of  $> 38.3\text{C}$  ( $101\text{F}$ ) or a temperature  $>38.0\text{C}$  ( $100.4\text{F}$ ) sustained for  $>1$  hour, in patient with neutropenia (ANC  $<500$ )
  - An infectious source is identified in 20-30%
    - 80% of identified infections arise from patient endogenous flora
    - There is shift with more gram-positive infections due to increased use of indwelling catheters
  - Gram-negative bacteria carries more risks and should be covered
- Empiric therapy should be started promptly
- Initial therapy include one of those options:
  - Zosyn, Meropenem, Cefepime, Ceftazidime
  - PCN-allergy: Aztreonam + vancomycin
- Hemodynamic instability/soft-tissue infection- we add vancomycin



# Tumor lysis syndrome

- Occurs shortly after initiating therapy or even spontaneously in aggressive malignancies
- Diagnosed by combination of electrolytes imbalanced
  - Hyperurecemia
  - Hyperkalemia
  - Hyperphosphatemia
  - Hypercalcemia
- TLS can results in ARF, cardiac arrhythmia, N/V, anorexia, lethargy, muscle cramps, tetany
- Prevention is essential
  - Combination of IVF + allopurinol
- Treatment
  - Rasburicase- urate oxidase which promotes degradation or uric acid
  - HD
  - Management of electrolytes imbalance

# Supportive care

## Infectious disease prophylaxis

- There is a debate on the importance of antibacterial prophylaxis during induction therapy in acute leukemia
- Randomized study documented benefit of anti-mold prophylaxis during induction in AML
- Pts are usually given prophylaxis anti-VZV during treatment

## Supportive transfusion

- **Single donor, irradiated and leuko-depleted** transfusion

# Acute promyelocytic leukemia

- Subtype of AML (M3) with distinctive biological and clinical features
  - Accounts for 10-15% of AML cases
  - Higher incidence in Hispanics
- Highly curable, without chemotherapy in low/Int-risk
- Balanced reciprocal t(15;17)
  - Generates fusion transcript joining PML and RAR- $\alpha$
- Unique susceptibility of differentiating upon exposure to ATRA
  - Differentiation/apoptosis when exposed to ATO
- Standard treatment is a combination with ATRA and ATO, +/- chemotherapy

- **Significant risk for DIC on presentation**
  - Start ATRA on first suspicion of APL
  - BID-TID CBC and fibrinogen check
    - plt transfusion to keep # >50k
    - Cryoprecipitate to keep fibrinogen >150
- **ATRA “differentiation” syndrome**
  - SOB, fever, chest pain, leukocytosis and b/l infiltrate on CXR
  - Can be fatal
  - Steroid, consider holding ATRA/ATO when severe
- **QTc prolongation with ATO**
  - Weekly EKG
  - Keep K >4.0, Mg >2, avoid medications prolong QTc
- **ATRA induced pseudotumor cerebri**

# Acute lymphoblastic leukemia

- Uncommon leukemia in adults
  - ~10-20%
- Bimodal distribution;
  - 4-10 and at age 50
- Outcomes have improved significantly in children with ALL, but not in adults
  - CR; 100% vs. 65%-90%
  - 5-yr survival; ~90% vs. 25-50%

# Presentation

- Non-specific constitutional symptoms, symptoms related to cytopenias, bone pain, splenomegaly and LAP
- Mediastinal mass is common in T-cell
- Extramedullary involvement; CNS, testis, skin etc
- Always needs CNS evaluation at diagnosis

## **B-cell:**

- 70-85% of ALL cases
- + CD19, CD79a, TdT and HLA-DR
- Burkitt's leukemia/lymphoma is classified as mature B-lymphoid neoplasm

## **T-cell:**

- 15-25% of ALL cases
- + TdT, CD7, CD3, co-expressed CD4 and CD8
- Early thymic T cell is a distinct subtype
  - associated with dismal outcomes

# Risk Stratification

## A. Clinical:

- Age
- Elevated wbc#
- Failure to achieve early CR, MRD

## B. Cytogenetics:

- Philadelphia chromosome/ Ph-like
- Complex cytogenetics (>5 abn)
- MLL mutation
- Ploidy status

## C. Molecular:

- CRLF2, IKROS, NOTCH, HOX11, etc



# CNS involvement

- Uncommon at dx
- High CNS relapse if no CNS-directed prophylactic therapy is provided
- CSI is effective
  - Carries significant risk of late toxicities
- Systemic chemotherapy alone is usually inadequate
  - Difficult to maintain therapeutic concentrations of drugs in CSF
- IT & systematic chemotherapy emerged as most effective approach to prevent CNS relapse
  - CNS relapse ~1-3%

# Treatment

- The introduction of intensive and prolonged multi-agent chemotherapy changed the natural history of ALL in pediatrics
- BFM regimen is widely used, tested initially in pediatrics, and then tested in modified fashion in adults
- Most modern ALL regimens include
  - Induction-anthracycline, vincristine, steroids, +/-cytoxan & ASP
  - Post-remission consolidation- 6-8 cycles
  - Maintenance therapy- 2-3 years
- No consensus of the optimal regimen in adults yet
- Allogeneic HCT remains recommended for high-risk and relapsed cases

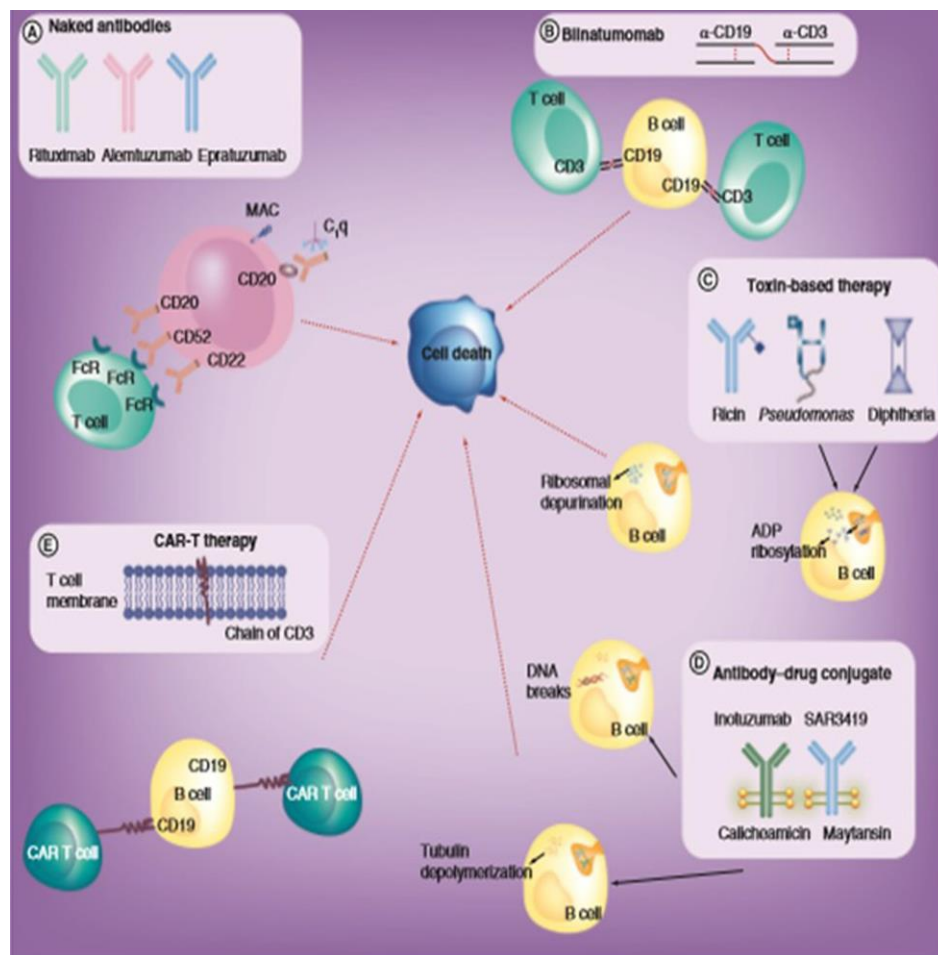
<b>Study</b>	<b>Year</b>	<b>Pt#</b>	<b>CR%</b>	<b>LFS</b>	<b>OS</b>
<b>SWOG 8417/8419</b>	2001	353	62	25%, 5 yrs	35%, 8 yrs
<b>NILG 08/96</b>	2001	121	84	48%, 3 yrs	49%, 3 yrs
<b>JALSG 93</b>	2002	263	78	30%, 6 yrs	30%, 6 yrs
<b>Sweden</b>	2002	153	86	30%, 5 yrs	28%, 5 yrs
<b>GIMEMA 02/88</b>	2002	767	82	33%, 9 yrs	27%, 9 yrs
<b>MDACC</b>	2004	288	92	38%, 5 yrs	38%, 5 yrs
<b>EORTC ALL3</b>	2004	340	74	36%, 6 yrs	36%, 6 yrs
<b>LALA 94</b>	2004	922	84	30%, 5 yrs	36%, 5 yrs
<b>GOELAL 02</b>	2004	198	86	NR	41%, 6 yrs
<b>PETHEMA ALL93</b>	2005	222	82	35%, 5yrs	34%, 5 yrs
<b>GMALL 07</b>	2007	713	89	NR	54%, 5 yrs
<b>MRC-ECOG</b>	2008	1646	90	NR	39%, 5 yrs
<b>HOVON</b>	2009	433	67	NR	37%, 5 yrs

# ALL drug toxicities

- **Anthracycline**- cardiotoxicity, BM myelosuppression, secondary leukemia
- **Vincristine**- neuropathy, ileus
- **MTX**- hepatotoxicity, nephrotoxicity, mucositis, pneumonitis
- **Asparaginase**- hepatotoxicity, pancreatitis, neurotoxicity, coagulopathy, thrombosis, allergic reactions
- **Alkylating agents**- myelosuppression, secondary MDS/AML
- **Intrathecal chemotherapy**- headaches due to CSF leak, arachnoiditis, N/V when given through Ommaya reservoir
- **Cranial irradiation**- secondary cancer, cognitive impairment

# Ph+ ALL

- Ph-chromosome incidence increases with age
  - ~30-50% of adult ALL
- Historically, Ph+ ALL used to carry poor prognosis,
  - Low CR rate & short duration of remission
  - Only cure was alloHCT
- The introduction of TKIs transformed the disease
  - Higher deep remissions
  - More pts able to proceed with alloHCT
  - Improved OS
- TKI therapy is well-tolerated and the majority of Ph+ ALL achieves CR nowadays with mild therapy
- **TKIs toxicities:** myelosuppression, QTc prolongation, dasatinib-pleural effusion, colitis



# Cytokine-release syndrome

- New effective immunotherapies have been approved/tested in ALL
  - BiTE antibody
  - CAR T cells therapy
- There is risk of cytokine-release syndrome with immunotherapy
  - Manifestations: Fever, chills, hypotension, SOB, neurological manifestations
  - It's the result of rapid immune reaction driven by the massive release of large amount of cytokines, IL-6, INF, etc
  - Consensus algorithm was proposed
- Treatment include: aggressive supportive care, IL-6 monoclonal antibody, and steroid in severe cases